



SCHENNA
RESORT
SOURCE OF LIGHT



Take your time. For the best days of the year.



THE RESULT EXCEEDS EVERY EXPECTATION –
SOMETHING TRULY UNIQUE AND SPECIAL.



GRATEFUL FOR OUR TRADITION

Yes, we are grateful – for everything our Tata and Opa passed on to us. His values and his way of life continue to shape who we are today. From this gratitude grows our responsibility: to preserve tradition while creating something new.

A holiday should be the best time of the year – filled with joy and lasting memories.

This spirit inspired the creation of our new **Luminis** Pool Area at the **Schenna Resort** – filled with light, fresh, and modern, offering panoramic views of the mountains surrounding Merano. A place of indulgence – with a

restaurant at lunchtime, a bar in the afternoon, and a new **infinity pool** for young and old alike.

Together with our houses **Rosengarten**, **Mitterplatt**, and the **Family Resort**, we offer a haven for couples, families, and all those seeking a sustainable escape.

Carried by heartfelt warmth – one thing will always remain the same: A holiday that makes you truly happy.

The Pföstl and Wörndle families and the entire Schenna Resort team

*Yours sincerely,
the Pföstl & Wörndle family*

OUR FATHER AND GRANDFATHER – A MAN OF FEW WORDS, BUT GREAT IN HIS ACTIONS.

Born on January 11, 1944, at the Beckenhaus, the third of four children, he grew up among his three sisters – Rosl, Marianne, and Lisl. Childhood was simple. He loved to tell stories about the summers spent on the mountain pastures – of the humble life, the daily Muas, and the Sunday Knödlsuppe as a great reward.

At 14, he began his painter's apprenticeship in Merano, walking there on foot every day. By 18, he had already started his own business as "Moler Luis" and began building the Pension Etschblick – driven by his dream of having his own home. Soon, he found his greatest happiness: his Rosl. In 1968 they married, and together they were blessed with four children – Heidi, Priska, Lisi, and Stefan.

With dedication and love, he built his life's work – handing out Krapfen, chocolate, and kind wishes every Christmas Eve. In the 1980s, together with "Oma Rosl,"

he created his greatest masterpiece: Hotel Schwefelbad – the foundation of today's Schenna Resort. A painter by day, a bookkeeper by night, and an innkeeper in between – "He was simply a hardworking man."

His retreat was the mountain hut in St. Felix at the Gampen Pass, which he bought 45 years ago. There he spent countless happy hours with his family, children, and grandchildren. For him, the Alm was his vacation – and his home, with Oma, us children, and his grandchildren, was his world. His greatest joy was knowing that everyone was doing well.

Even last summer, he was there with Oma, grateful for every visit. After a long illness, his strength has now left him.

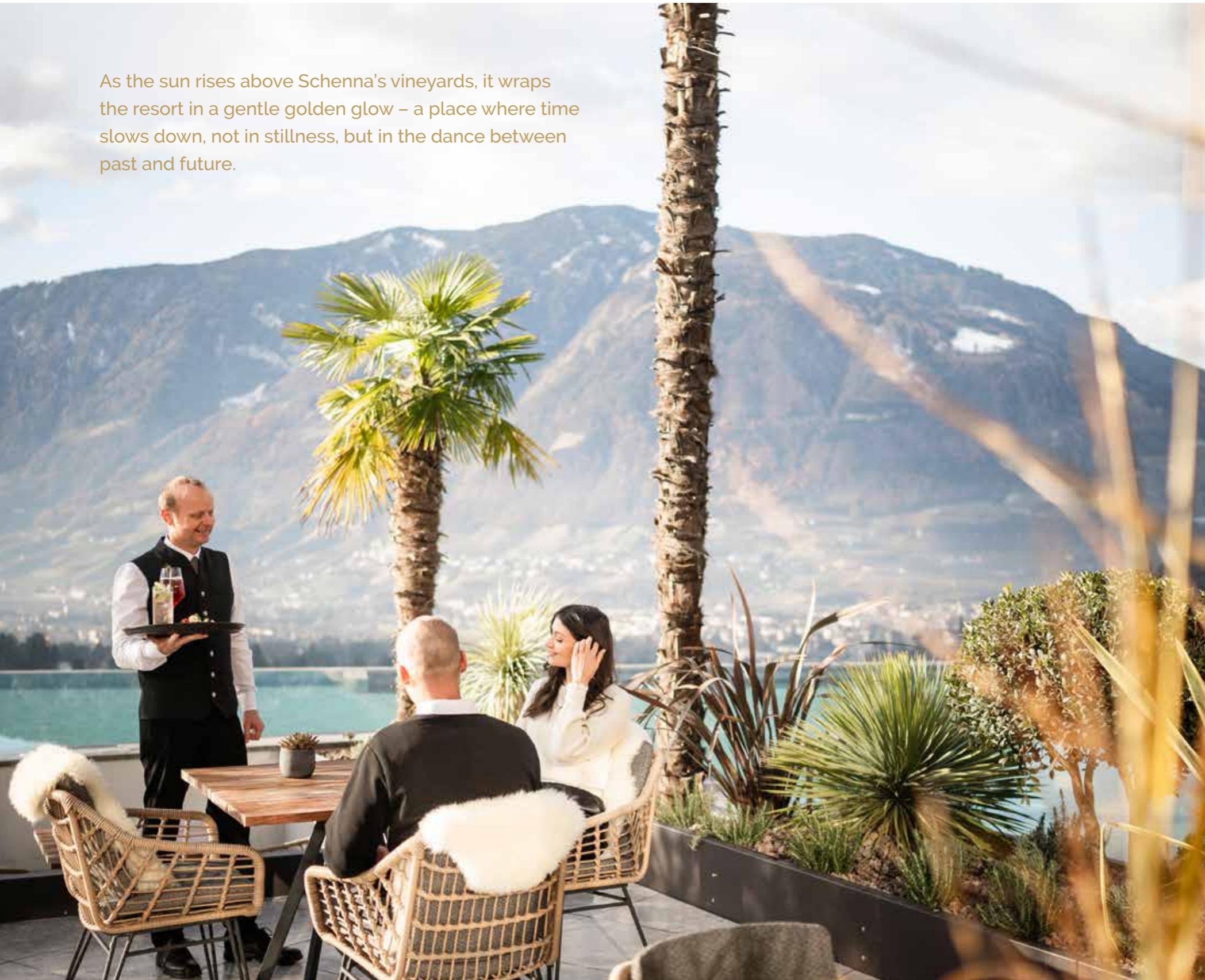
We carry our grandpa in our hearts with deep gratitude.
Pfiati Opa.



Our grandpa was a man of few words, yet his actions spoke volumes – guided by heart and an unending drive to create.

GRATITUDE AND TRADITION – THE HEART OF THE SCHENNA RESORT

As the sun rises above Schenna's vineyards, it wraps the resort in a gentle golden glow – a place where time slows down, not in stillness, but in the dance between past and future.



For **Florian**, one of the young successors, tradition is something alive. "Carrying on my grandparents' dream – that's my kind of tradition," he says, gazing toward the mountains. It's not about holding on to the past, but about carrying it forward – in his own way.



Heidi, his mother, feels the roots even more deeply: "Tradition is our origin. The holidays, the rituals, the stories of our ancestors – they are part of our soul. Passing on and celebrating these customs, also with our guests, is something I consider indispensable."





This balance between constancy and progress can be felt in every corner of the house. When Florian and Peter recall their childhood – laughing and playing in the indoor pool, kicking a ball in the empty basin when the hotel was closed – you sense the spirit that lives on here. When guests stroll through the vineyard and later say over dinner, "It's so beautiful here," that spirit becomes tangible.

At the winery, this philosophy can be tasted in every glass. **Stefan** speaks of how nature defines character: "We simply accompany, we listen, and we support where it's needed. What nature gives, we gratefully accept." This is how wines are created that combine lightness and depth – just like the resort itself.

The Schenna Resort is a place where architecture connects – merging clean lines with Alpine character. The rooms, with their contemporary design, harmonize beautifully with modern lounges and restaurants. Modernity in hospitality, says Stefan, means fulfilling guests' expectations in a contemporary way. "Our tradition is to keep discovering and looking ahead. That's what our parents showed us – and that's what we now pass on to our children."

Michaela puts it in her own words: "Innovation doesn't mean changing everything. It's about preserving what matters. But sustainability is becoming ever more central – less is more. Gratitude and tradition are deeply intertwined – I'm grateful to be part of this family. My task is to ensure our guests feel at home in their rooms. That takes sensitivity and an open eye for what's truly new and meaningful."



Peter remembers his childhood – a time when guests felt like part of the extended family. "It's incredible to see what has been created over the past decades. And it fills me with pride to know how much heart and dedication our grandparents put into it."

Florian shares this feeling. "As a teenager, I sometimes wondered if hospitality was really my path. But at some point, you begin to feel how beautiful this profession is. That's what brought me back."

Today, the family members do go on holiday – yet all say the same thing: after a week, they start looking forward to coming home again.

"Our kids even want to spend their holidays at our own hotel," says Stefan, laughing.

"Once, they even asked for a stay in a suite – just like our guests," adds Michaela with a smile.

"The way the resort presents itself today makes us proud. The many innovations of recent years have been realized with the help of our forward-thinking architects. The joy of our guests, their kind words – all of that is nourishment for our vision of the future, a vision our Tata lived by: courageous, cautious, and always full of zest for life. That's how we've worked for years, and that's how the next generation will carry on," conclude Heidi and Stefan.

Perhaps that is exactly what makes the Schenna Resort so special: It is a home – not only for the family, but also for its guests. A place where gratitude is more than a feeling – it's a way of life. And where tradition is not a burden, but the freedom to have both roots and wings.

A story by Klaus Rottenschlager, based on a conversation with Heidi, Stefan, Michaela, Peter and Florian



THE NEW SPA EXPERIENCE AT SCHENNA RESORT

WHERE TRADITION MEETS MODERNITY



Our Self-Wellness Spa Programme is designed for everyone who wants to do something good for themselves and recharge with new energy. Under the guidance of our experienced Spa Manager **Priska**, we have completely redesigned our offer to respond even more precisely to the needs of our guests.

For men, we now offer specialised, highly effective facial treatments using the powerful natural products of Pharmos Natur. These treatments focus on what truly matters: effectiveness, deep action, and lasting vitality. The fresh Aloe Vera plant leaf provides maximum moisture and care.

Expectant mothers can unwind with our tailor-made Babymoon Programme, specially created to help them enjoy this precious time in complete relaxation.

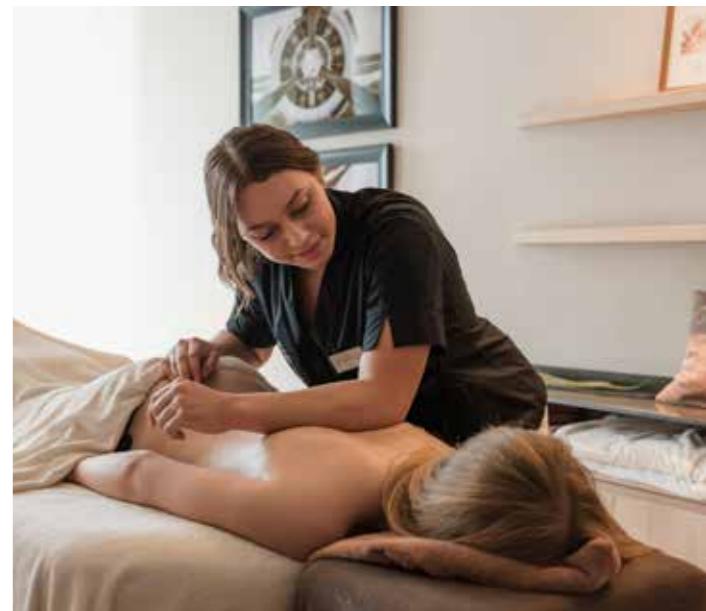
Even our youngest guests are not forgotten! For children and teenagers, we offer cool facials, relaxing massages, playful nail designs, and washable tattoos by **Evelyn** – making a visit to the spa an unforgettable experience for the whole family.

A particular highlight of our new programme is the modern reinterpretation of South Tyrol's traditional "Bathing Culture." For centuries, people in South Tyrol have appreciated the healing power of thermal baths. We have revived this tradition – with pine-wood and rose baths, now combined with state-of-the-art technology. A special sound system and gentle light frequencies, accompanied by soft music, enhance the relaxation experience. In this way, we bring ancient bathing culture into a completely new, innovative dimension.

Another focus of our offer lies in energetic massages. Holistic techniques from various cultures have a profound effect on body and mind.

Traditional methods such as herbal stamp massages have been further developed to gently touch body, mind, and soul – opening new dimensions of deep relaxation and well-being.

Discover everything you need to know in our SPA program and let yourself be enchanted by the magic of our oasis of well-being.



MIND & SOUL



YOGA RETREATS WITH GERDA PIRCHER

19 – 22 March | Strength in Stillness – Yoga & Conscious Breathing
11 – 14 June | Yoga – Mindfulness in the Here and Now
19 – 22 November | Golden Calm – When Nature Gently Rests

- 3 nights including gourmet half board (indulgent breakfast and a 5-course dinner with special culinary highlights)
- 1 soothing aroma oil massage (50 min)
- 3 Vinyasa yoga sessions (90 min) before breakfast
- 3 Hatha yoga sessions with sound (90 min) in the afternoon

A varied mindfulness and activity programme awaits you.

FROM 862 EURO



ALKALINE FASTING WITH MONIKA MALFERTHEINER AT HOUSE MITTERPLATT

24 – 31 January 2026

- 7 nights including alkaline fasting cuisine
- Personal fasting guidance and support 24 hours a day throughout the 7 days
Alkaline fasting is the perfect way to begin a new, healthy, and energising approach to nutrition.
- 1 detoxifying full-body massage
- 1 guided hike to the spa town of Merano including a visit to the Women's Museum
- Relaxation in the heated indoor-outdoor panorama pool (30 °C) and in our cosy relaxation rooms. The vineyard sauna with its breathtaking view over the Merano region, the salt sauna with infrared, and the steam sauna invite you to unwind and recharge.

A varied mindfulness and activity programme completes your experience.

FROM 1,450 EURO PER PERSON

Further offers can be found on our website.



**BREATHE DEEPLY
AND LET YOUR
SOUL RELAX**



LORI – LA FATA DELLA PUREZZA*

There are professions few people truly notice – yet their impact can be felt everywhere.

Invisible, quiet, and gifted with the ability to turn rooms into places of comfort and wellbeing.

One of these fairies is **Loredana**, lovingly called Lori – the fairy of purity*. When asked what tradition means to her, she pauses for a moment before answering: "Everything our ancestors have passed on to us – empathy, values, the foundation for growth."

In her free time, family comes first. She loves to create variety for her children and discover new things together. They've taught her patience.

"Sometimes only a bit of yoga helps," she laughs. "But the little surprises with children make up for everything."

Her gratitude extends beyond her family – she also finds fulfilment in her work. "I've been in this job for over 25 years. At Schenna Resort, I can grow, develop, and feel appreciated. This family



For her, tradition isn't about holding on tightly, but about building on solid ground – a reason to keep improving processes, making work easier, and enhancing quality.

For Lori, work is joy, not obligation. She could have chosen a different career path, but then she met her husband – a chef – and moved to South Tyrol. Today, the couple have two children.

To balance family and work, she works mornings while her husband takes over in the afternoons.

"That way, childcare works out perfectly," she says with a smile.

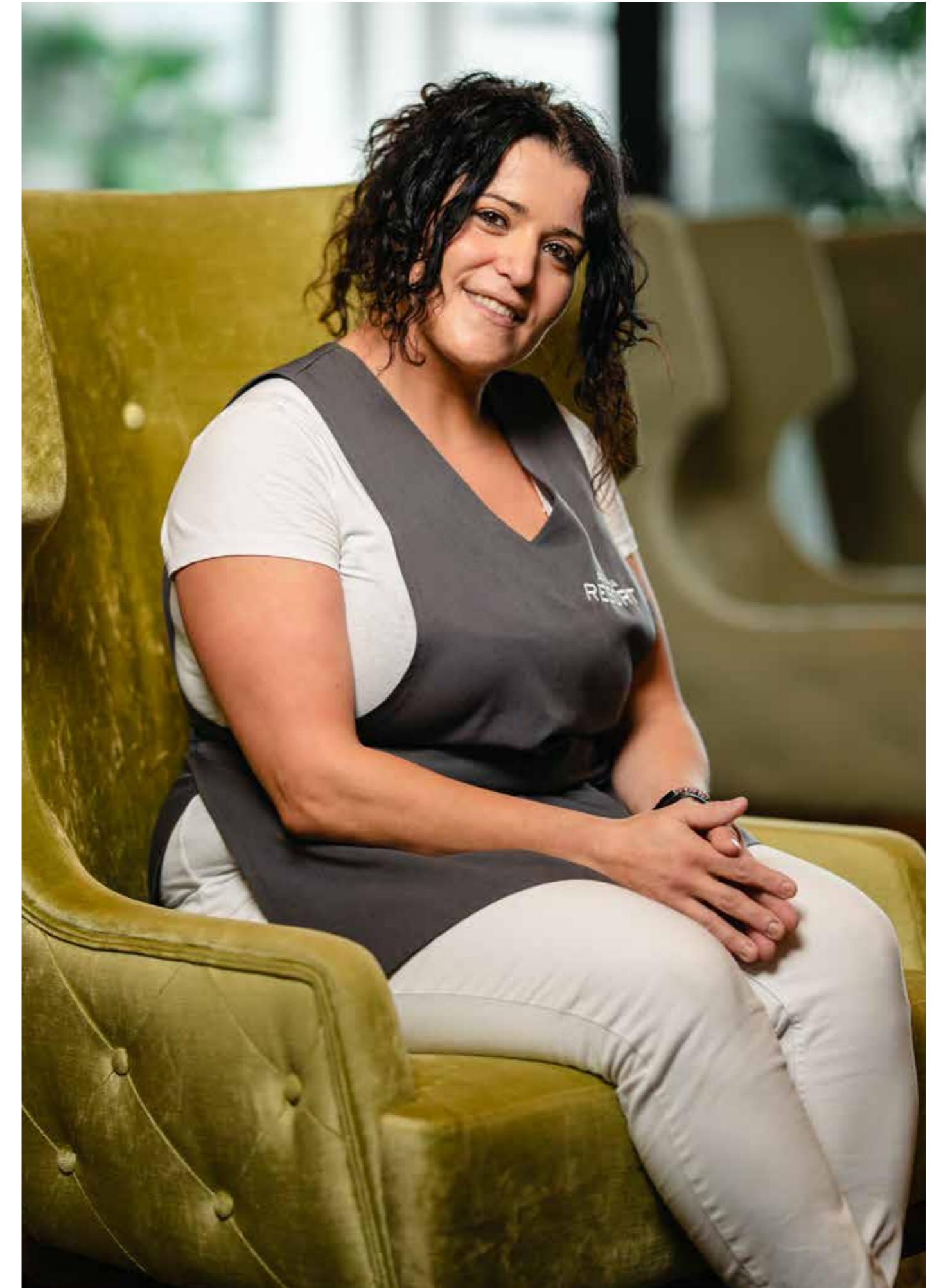
Her warmth toward guests is immediately evident. "When I see regular guests return and they recognise me, that makes me happy. For our guests, I'm not just a number – and they aren't for me either." Then she adds: "A small smile can already make a big difference."

is a wonderful one. We find solutions, we support one another – it feels like home."

Her favourite film is Nuovo Cinema Paradiso by Giuseppe Tornatore, with music by Ennio Morricone. "It's about gratitude, about memories, about what truly matters in life." For the future, she wishes for a better world – especially for children. "If everyone contributes a little, it can work. Every small act counts. Doing good, giving your best – that's my way."

In the end, she leaves the impression of a woman who shines through humility.

Perhaps that's because she truly is a fairy – invisible, yet with a magic that touches everyone.



THE VISION. THE WINEMAKER.

In Schenna, it all began with a dream.

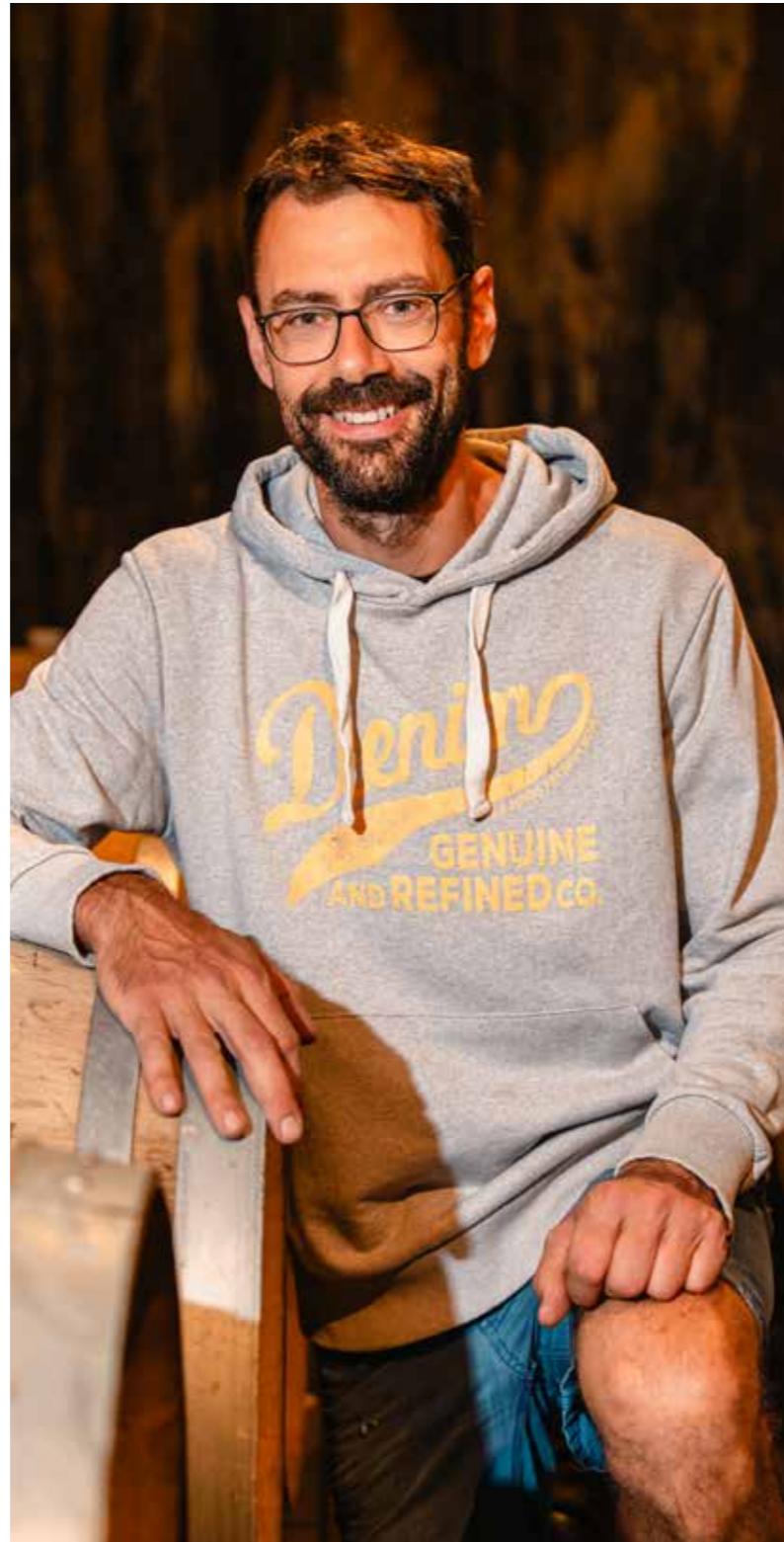
Georg Weger, originally trained as a construction engineer, discovered his true passion not in concrete, but in wine. Through fruit growing, he found his way to the vine – and gradually immersed himself deeper and deeper into the world of winemaking, refining his expertise in South Tyrol, Germany, and Tuscany.

Today, together with Stefan Pföstl, he shapes a winery that stands for character and elegance. The vineyards are spread across Schenna, Tscherms, Marling, and Riffian – sites full of history, with soils of granite and gneiss, rich in quartz, lending the wines both structure and vibrant freshness. White wines full of clarity. Red wines of elegant depth. Always with that lively freshness that invites you to take the next sip.

Georg Weger follows a clear philosophy: gentle vinification, time, and patience – with long maturation in used French oak barrels. The winery's flagship wine, "Valpitan," is the symbol of this philosophy – a steep, almost forgotten vineyard that he has lovingly brought back to life.

His wines are no coincidence, but the result of passion, perseverance, and respect for nature.

A winery that preserves tradition, embraces modernity, and above all promises one thing: true enjoyment.



FEINKOST PFÖSTL

DELIKATESSEN
PFÖSTL
www.GUSTA.it

Visit the Pföstl delicatessen in Schenna!

Our sister Elisabeth, her husband Franz and their sons Thomas and Lukas look forward to welcoming you.

You will find a wide selection of South Tyrolean delicacies and Italian specialities.

Online shop: gusta.it



MANUEL – A SOUS CHEF GROUNDED IN HIS ROOTS.

He originally wanted to become a police officer.

Today, Manuel stands in the kitchen as Sous Chef – with unmistakable passion. "I got into the kitchen by coincidence. At first, I helped my mum a little. later I cooked at home – and eventually, I became truly interested." The foundation was laid during his training at the Kirchsteiger, then a Michelin-starred restaurant. From there, various stages led him ever deeper into the world of culinary art.

Tradition – at home and in the kitchen

For Manuel, tradition is more than just a word. "At home, we live it – on St. Nicholas Day, at Christmas, when putting up the tree. These customs are something we pass on to our children." In the kitchen, tradition means staying true to one's roots. "South Tyrolean cuisine will always be a part of me." His cooking style: about 40 % South Tyrolean, 60 % Italian ingredients. "Italy offers so many exceptional and incredibly good products. For me, that's unique."

Mediterranean passion

Manuel and his family love the Mediterranean lifestyle. "It simply suits us," he says. His favourite ingredients: fish, cheese, and pasta dishes. When asked which fish he prefers, he laughs: "Doesn't matter – as long as the quality is good. For me, every fish is an experience." He has a particular fondness for trout and char. "Raw, it's like freshwater sushi," he smiles.

Balancing work and family

Manuel is married and has two children – "planned and very much wanted," as he proudly says. He's deeply grateful to his parents: "Without their hard work, we wouldn't have been able to renovate our home. With today's prices, that would hardly be possible." His daily rhythm at Schenna Resort is well structured: "I usually start around 1 p.m. and go home at about 9:15 p.m. – unless we have many Italian guests, then it takes a bit longer." The mornings belong to his children, while his wife works at the bank. "The flexibility our managers give us isn't something you can take for granted. I'm really grateful for that."

At home in the kitchen

"On my days off, we usually go out to eat. But in winter, when the hotel is closed, I cook at home." His favourite tool: a good knife. "Two metres of counter space are all I need to cook really well." Induction or gas? "If I could choose – a wood stove. My mother-in-law still has one, and when she makes roasted kid on it, it tastes incredible. That wood aroma that seeps into the meat – simply unique."

Memories & highlights

One memory that has stayed with him is from working with Christian Jürgens at Hotel Überfahrt: the legendary "Tsar's Breakfast by the Lake." Served on a double-layer glass plate – on top, a Russian interpretation with caviar, crème fraîche, onions, and borscht jelly; below, a Tegernsee version with smoked char, cucumber soup, and a reimagined quail egg. "That kind of experience stays with you – something you'll never forget."

A craft and a calling

Would he become a chef again? "Yes," he says after a brief pause. "But I think we could do much more to inspire young people for this profession." What makes a good chef? "Perseverance, patience, joy in cooking, and the willingness to learn. Practice. Nowadays, everyone thinks they're a chef because of TV shows – just like with wine; everyone suddenly claims to be an expert."

And what does Manuel wish for himself?

"The most important thing for me is health – for my family."





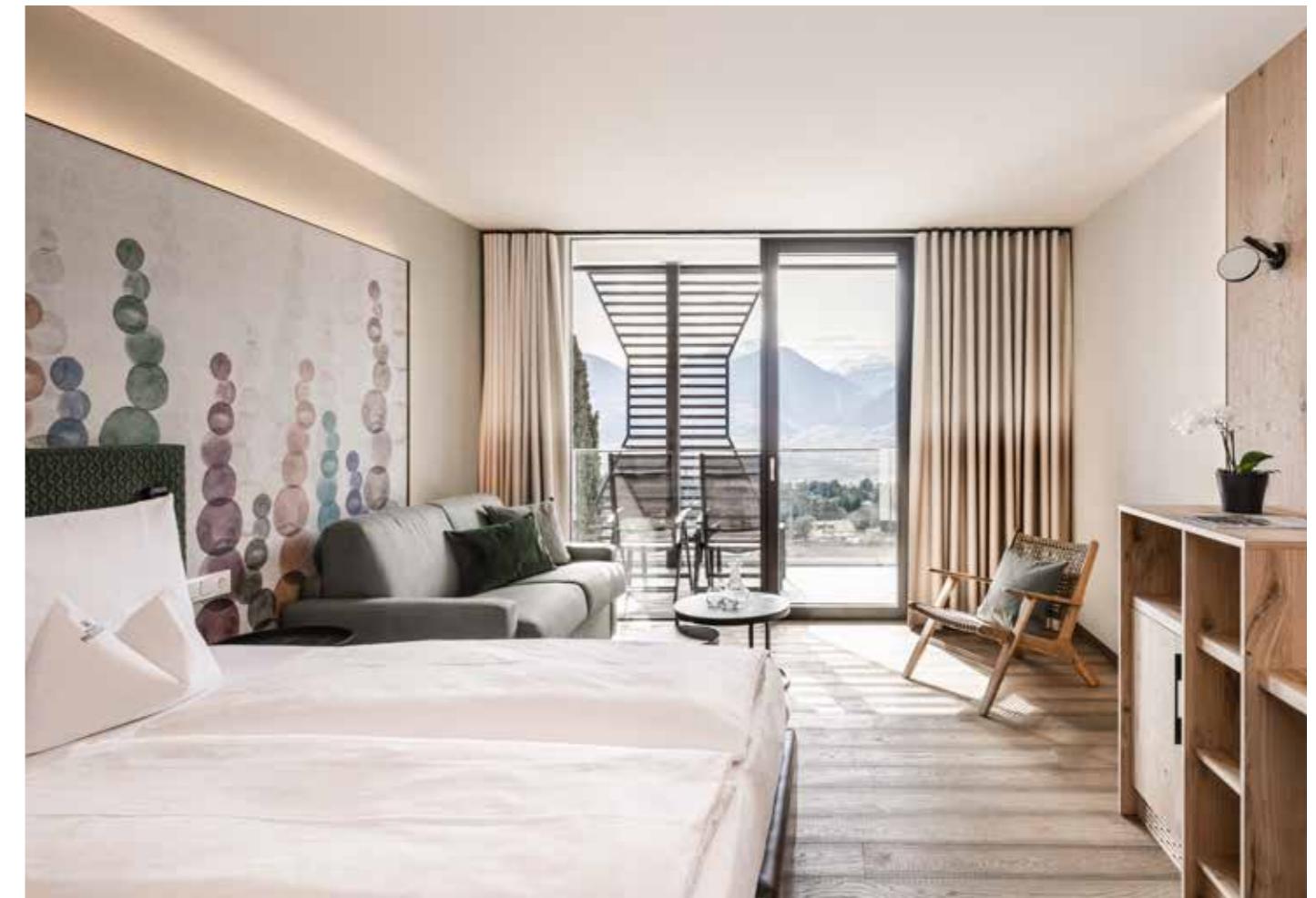
Those who find peace among fragrant apple trees, where the sun gently caresses the slopes, will be rewarded with inspiring views of the Merano mountains. The Rosengarten, with its tasteful architecture, captivates through exceptional design. The spaciousness of its rooms turns it into an exclusive home away from home. A passion for exquisite cuisine, combined with holistic wellness, culminates in complete relaxation – all found in one of South Tyrol's most beautiful places.



HOLIDAYS ARE BETTER WHEN
THEY BRING US **TOGETHER.**



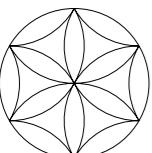
How do we describe moments of happiness? Feeling the closeness of nature while hiking with family and friends. It feels like an intimate connection with the surroundings – nestled in the impressive mountain landscape around Schenna. In the evening, it's time to look back on the day's experiences – best enjoyed with a glass of Pföstl wine.



FAMILY WEEKS
22 FEBRUARY – 28 FEBRUARY 2026 |
12 APRIL – 29 APRIL 2026 | 3 MAY – 13 MAY 2026
7 JUNE – 28 JUNE 2026 | 8 NOVEMBER – 19 DECEMBER 2026

Bookable in all categories

Holiday fun for the whole family at a special price!
Water slide, paddling pool, mini golf, rafting, storytelling hour, and much more – the many possibilities around Schenna make it a paradise for a first-class family holiday. For stays of 7 nights or more at the Schenna Resort Family, one child stays free of charge in the parents' room, while the second child receives the applicable child discount in all room categories of this house.



LOOK – WHO'S BEAMING! EVERYONE.

Children's rates in the parents' room:

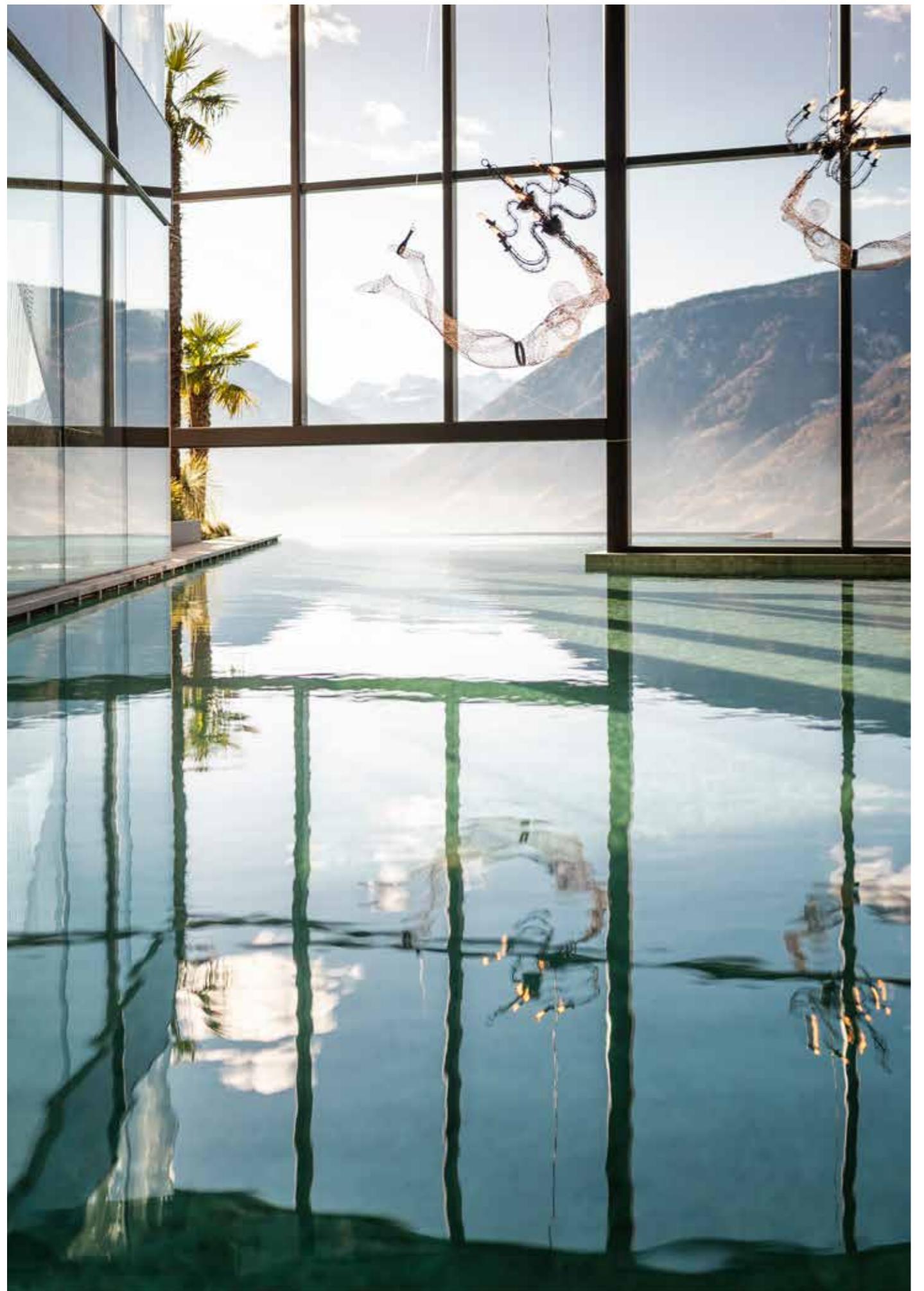
0–2 years: 25 Euro
3–5 years: 45 Euro
6–14 years: 90 Euro
From 15 years: 110 Euro

Per day including half board



**A VARIED PROGRAMME AWAITS
ALL CHILDREN AND TEENS:**

- Family pool with children's area and slide
- Large water slide with timer
- Youth pool with climbing nets
- Splash and paddling pool
- Table tennis
- Family relaxation room
- Large playground with play tower
- "Rainbow" playroom
- Special menu with colourful children's dishes (children's buffet during holiday periods)
- Children's activity and supervision programme during holiday periods
- Babysitter on request

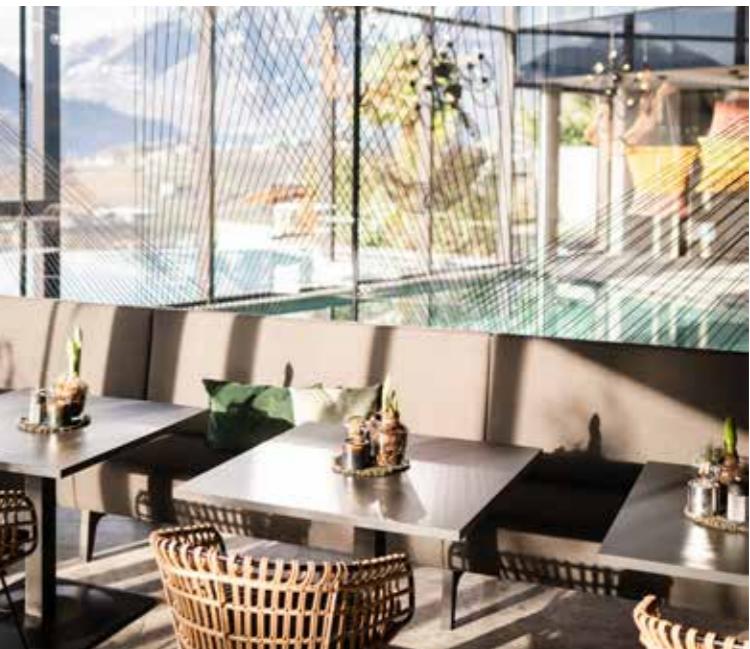


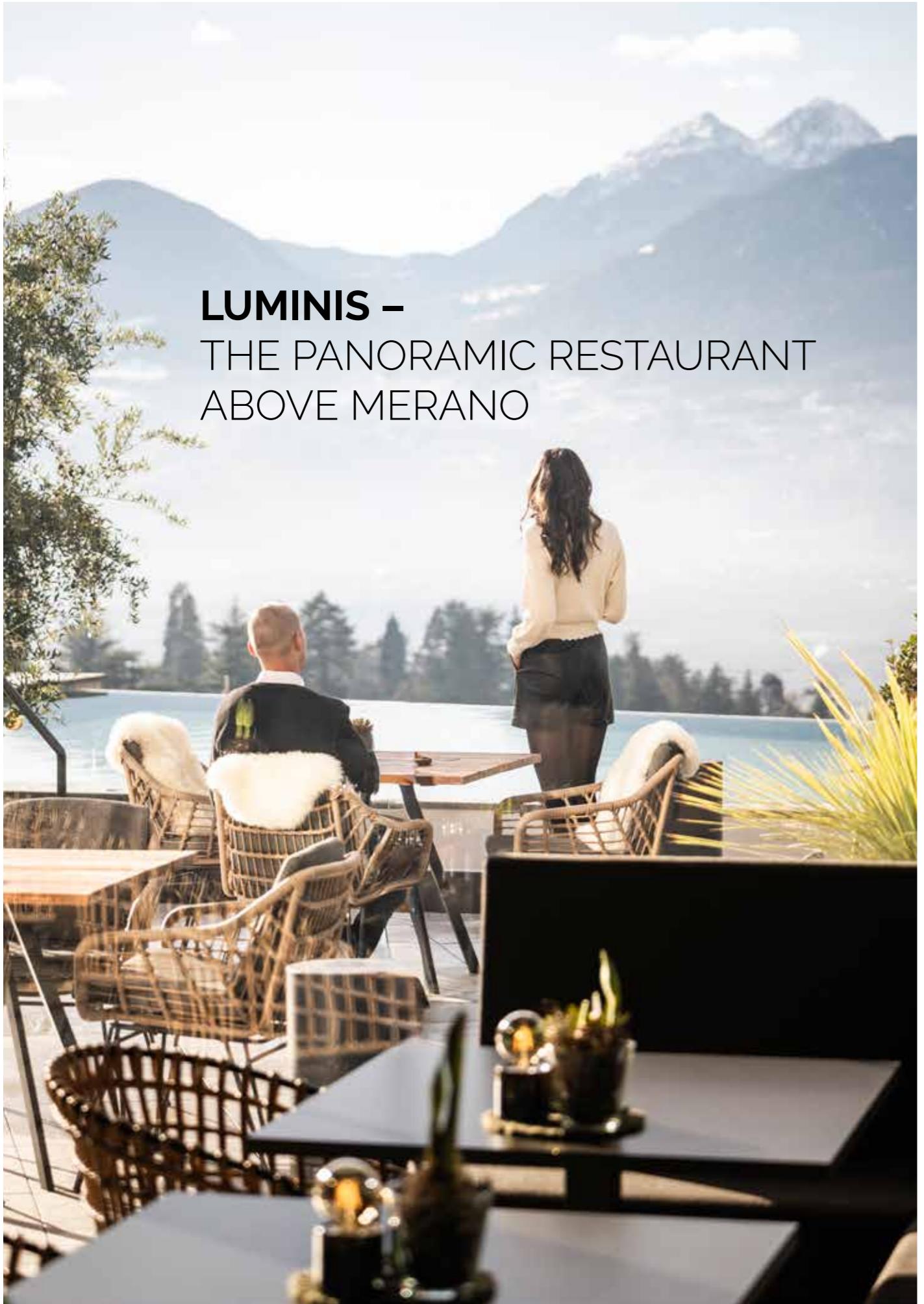
Imagine this: you step into **LUMINIS**

– the first step inside feels like a quiet promise – a space just for you. Light streams through the large windows, dancing on the water, almost embracing you. Outside, the heated pool sparkles, open even in the colder months. It's an invitation to simply dive in.

You glide into the water, feel its warmth on your skin – before you, the mountain landscape unfolds – clear, majestic, calming. Your breath deepens, your thoughts grow lighter.

A place where time no longer matters, because only the moment counts. This is **LUMINIS** – a retreat that is more than a pool. It is a feeling of comfort, a source of light and serenity.





LUMINIS – THE PANORAMIC RESTAURANT ABOVE MERANO



PURE DELIGHT – THE LUMINIS.

A place where sunshine, views, and flavour come together in perfect harmony. **LUMINIS** – derived from the Latin word for light – is a restaurant that truly lives up to its name: bright, warm, and full of lightness. Here, South Tyrolean warmth meets culinary sophistication. On the sunny terrace, the valley sparkles below while fine dishes elevate each moment. To accompany them, exquisite wines from our own winery await. It's about taking a deep breath, savouring the moment – and making life a little brighter with every bite.

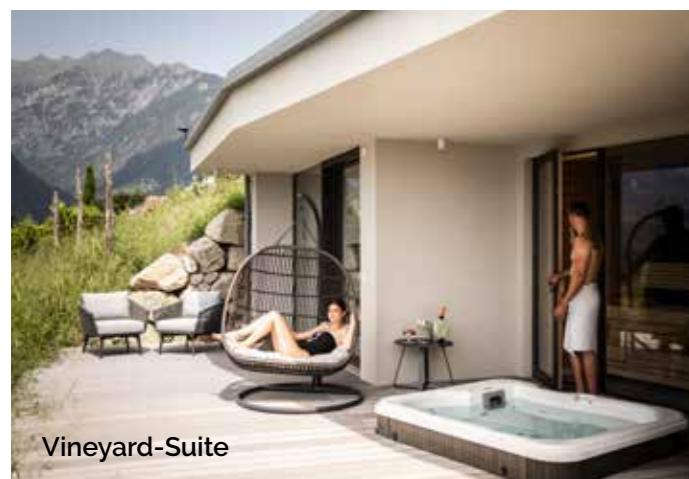
Whether for a leisurely lunch, a golden evening atmosphere, or simply because it's beautiful – at **LUMINIS**, every meal feels like a short escape above the rooftops of Merano.

**Far from the hustle and bustle.
Bathed in light. For all who love
pleasure with a view.**

**ADULTS
ONLY**



Calm and serenity – two qualities inseparably linked with the art of living well. Here, our guests consciously take the time to give life their full attention. They savour the moment, feel the value of pausing, and leave everyday life behind. Whether alone, in the company of friends, or as a couple – sharing these moments creates a new sense of closeness. Here, slowing down is not just allowed; it becomes an unforgettable experience that lingers long after.



Wellness training means far more than movement –

it is the art of bringing body and mind into harmony.

Whether gentle or intense, everyone finds their own rhythm and personal way to relax. Particularly popular are the varied sauna sessions, tailored to the mood or the weather. One thing is certain: the soothing infusion is always part of the experience – to the great delight of our guests. What do those seeking relaxation want on holiday? Above all, balance. Staying active while consciously enjoying every moment.

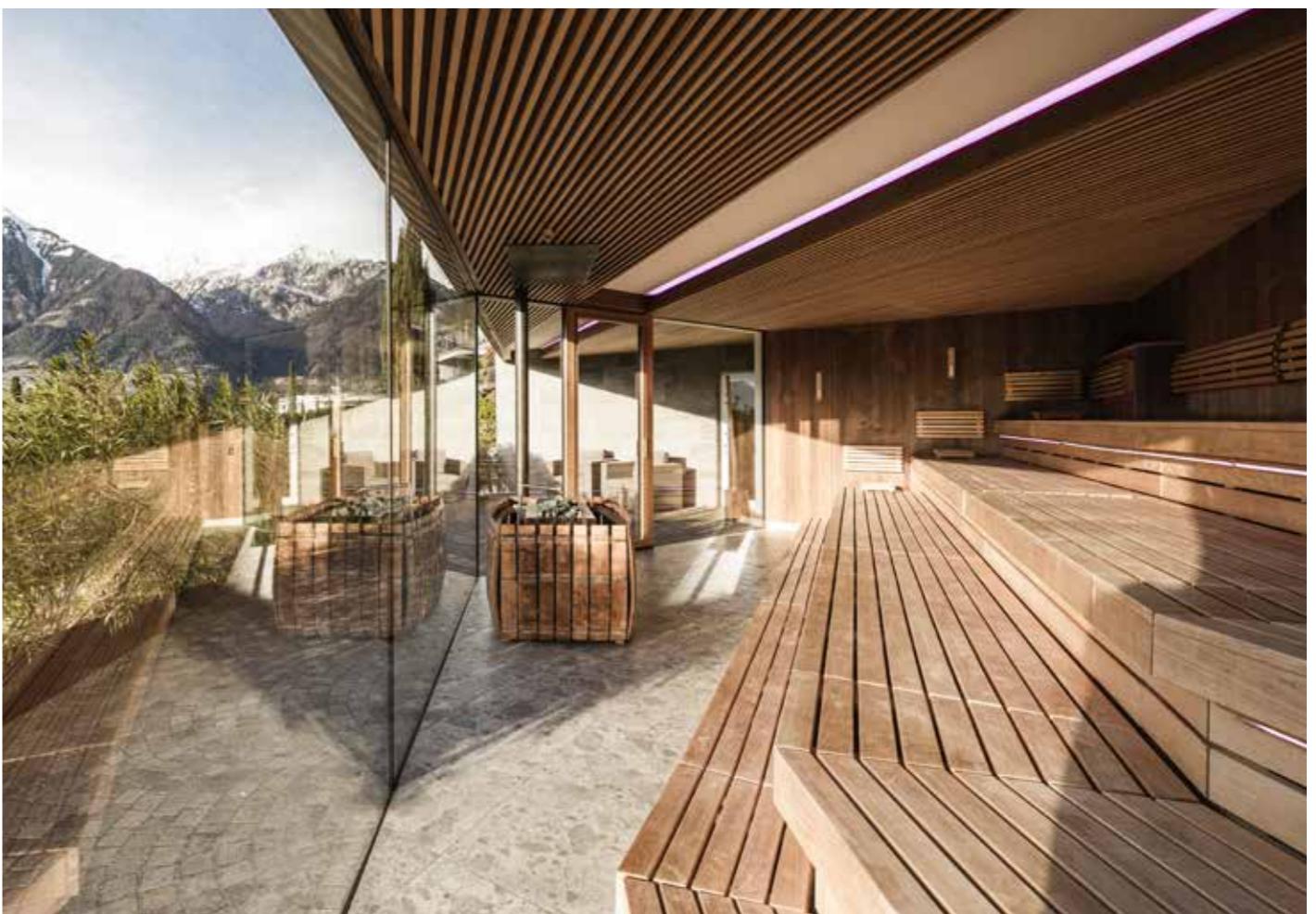
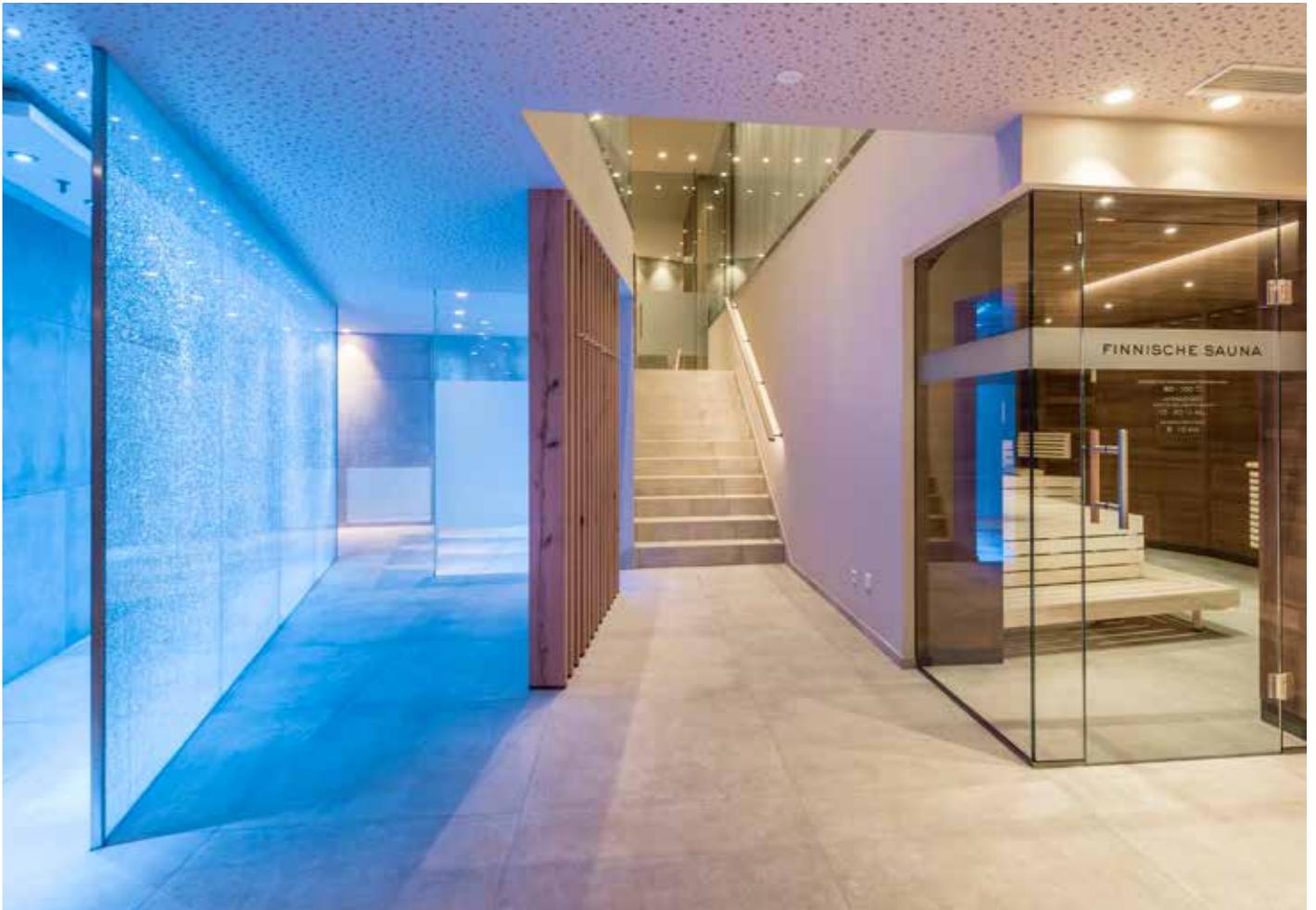
Hiking, stretching, and targeted training are wonderful ways to keep the body in motion. Equally important is experiencing time without pressure – free from clocks or obligations.

**RELAXATION AND ENERGY
IN THE PERFECT MIX**

A highlight of the activity programme: aquafitness.

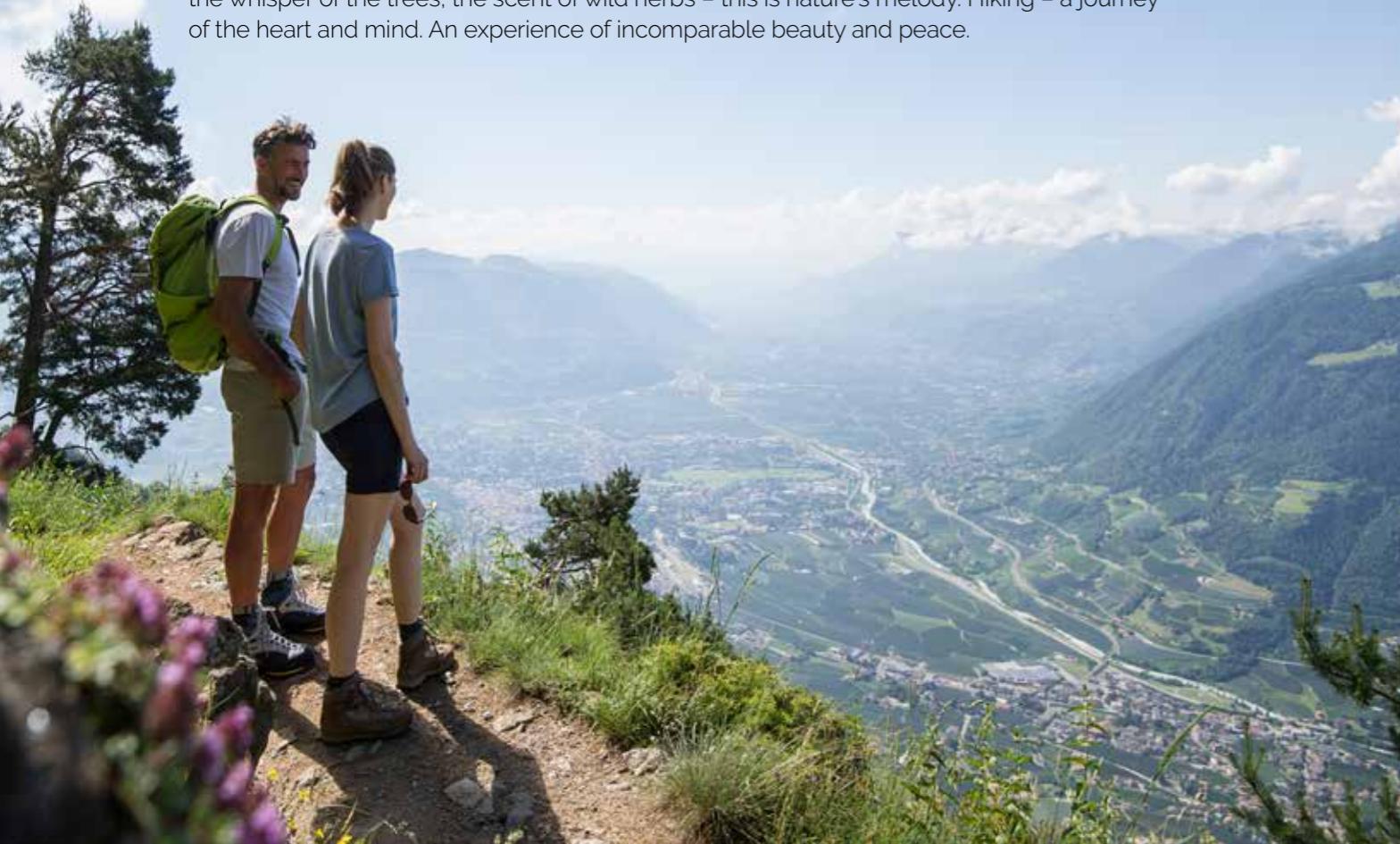
A joint-friendly workout suitable for all ages – sometimes relaxing, sometimes challenging. With targeted strength and stretching exercises, supported by special equipment, the water resistance enhances the effect. Beyond the pool, variety awaits: climbing, hiking, biking, winter sports – each activity brings diversity, each break offers calm.

In the end, only one thing matters – the feeling of well-being.



WITNESSES OF TIMELESS BEAUTY

Majestic and grand in their silence, they tell stories of thousands of years. They invite us to immerse ourselves in their untouched world. Hiking at these heights is a gift for the soul: every step reveals new panoramas that make the heart beat faster. The rustle of the wind, the whisper of the trees, the scent of wild herbs – this is nature's melody. Hiking – a journey of the heart and mind. An experience of incomparable beauty and peace.



HIKING WEEK SOUTH TYROL 23 – 30 August 2026

Our hiking guides, Elias and Heidi Pföstl-Wörndl, will show you their favourite places: hidden mountain lakes, picturesque alpine pastures, charming huts with regional delicacies, and surprising panoramic views that make your heart beat faster.

OUR WEEKLY OFFER:

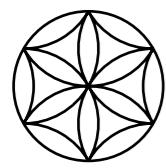
- Full-day hiking tour
- Challenging mountain tour (bookable through the Tourist Association)
- Hiking library – at the reception you will find hiking books, maps, and detailed tour printouts

WHAT AWAITS YOU IN THE MERANO REGION:

- Over 500 km of marked hiking trails
- A wide variety of running routes
- Speed-hiking tours
- Via ferrata routes
- Bouldering opportunities
- Tandem flight options
- Scenic Waalwege and promenades

Our hiking guides, Elias and Heidi Pföstl-Wörndl, will show you their favourite places: hidden mountain lakes, picturesque alpine pastures, charming huts with regional delicacies, and surprising panoramic views that make your heart beat faster.

FROM 1,550 EURO PER PERSON



MOVEMENT WITH ELEGANCE AND VISION



Fitness training today offers many facets tailored to individual needs. Back fitness focuses on a healthy spine and upright posture. Aquagym, the gentle, joint-friendly workout in water, uses natural resistance to strengthen muscles effectively. With specific foot exercises, Happy Feet, you can train the foot muscles and prevent discomfort. Pelvic floor training strengthens the inner core – especially valuable for women after pregnancy. A special highlight is our training with a panoramic view – where inspiration and motivation go hand in hand. Modern fitness at our resort combines efficiency, well-being, and the joy of movement. In addition, you can take advantage of our varied sports programme – or book your personal fitness coach.

CYCLING PLEASURE IN THE MERANO REGION

Discover this unique region on two wheels – active, full of vitality, and in harmony with nature. Feel the joy as every cell in your body awakens while breathtaking landscapes glide gently past you. Here, South Tyrol reveals its most beautiful side – a true paradise for cycling enthusiasts. For your tours, we are happy to provide perfectly maintained bikes:

- Mountain bikes
- E-bikes (for a fee)
- Weekly guided e-bike tour with Peter (for a fee)
- Bike & Hike weeks

If you prefer to bring your own bike, you will of course find a small workshop and a charging station for e-bikes at our resort.



GOLFERS PARADIES

It's great to play between the Karer Pass and the South Tyrolean Wine Road – varied and exciting at all altitudes. We are a partner of "Golf in South Tyrol." With the Golfcard South Tyrol, guests of the Schenna Resort receive a **20 % discount on the respective green fee** when paying directly at the golf club. The discount applies to one 18-hole course and entitles you to play four times at the reduced rate.

- GC Lana Gutshof Brandis
- GC Passeier
- GC Eppan und Freudenstein (30 % green fee discount)
- GC Petersberg
- GC Dolomiti Sarnonico
- GC St. Vigil Seis
- GC Alta Badia
- GC Carezza (30 % green fee discount)



© Schenna Tourism Association – Patrick Schwienbacher



ON TOUR

A classic car deserves its freedom – just like its proud owner. Let yourself be enchanted by the impressive surroundings of Merano. Experience the adventure of winding roads and alpine passes in South Tyrol. At the Schenna Resort, your vehicle awaits a secure place in our garage. Road maps with the best route suggestions are available for you. Should any technical issues arise, our vintage car specialist is ready to assist, and a washing area is available for vehicle care. On request, we also offer a professional car cleaning service.

SCHENNA E.MOTION

1 – 3 June 2026

Nature experiences, culinary discoveries, and the world of e-mobility come together to create a truly unique event.

Further information at: schenna-emotion.com

CLASSIC CAR & CONVERTIBLE WEEK

03 – 08 May 2026 (5 days)

03 – 10 May 2026 (7 days)

We invite you to discover the breathtaking beauty of South Tyrol – in a truly special way!

- Welcome aperitif with canapés and presentation of the Classic Car & Convertible Week programme
- 4 day tours across South Tyrol's passes and valleys
- + 2 wellness days (for 7-day stays) at the Schenna Resort

CLASSIC CARS IN SOUTH TYROL

South Tyrol Classic Schenna

05 – 12 July 2026

Classic cars for rent:
classictours.it



SLOW MOUNTAIN SCHENNA

When autumn shines in all its golden splendour, the pleasures of life and nature's active experiences are close at hand. Hiking along quiet trails, finding peace, and enjoying personal wellness time without crowds – everything here happens slowly and with complete relaxation. How about a shopping stroll through the spa town of Merano, which enchants with its pre-Christmas atmosphere? Our recommendation: the "Schenna Farmers' Advent" with its special charm. There you'll find stalls offering handmade crafts and delicious food and drinks that never fail to impress. Those who love ice skating will enjoy the rink in the village centre from

the end of November to early January – a place full of fun for the whole family. Winter in the mountains offers joy for both young and old in the nearby, sunny, and family-friendly Meran 2000 ski area, with wonderful slopes to explore. Snowboarders and carvers alike will also find plenty of fun in this small yet refined ski world. However you choose to spend your days with us, at "Slow Mountain" every day may gladly end with a sauna, a swim, or a wellness session. After all, slowing down is the secret to perfect relaxation. Experiencing the Merano region in its quiet season is pure delight. House Mitterplatt is also open from January to March.

WINTER MAGIC IN MERANO



"Let's pause for a moment before indulging. Cool down – your eyes are about to go on a journey of discovery. Stay in the moment, feel the here and now – uplifting moments are guaranteed. Long walks in Merano's Mediterranean climate are a unique experience. It's cold in the mountains, yet in the little spa town you can feel the warmth of the sun with a cappuccino in hand. The cold lingers on the mountain peaks, while mild temperatures embrace the Merano valley. I think I'll stay a little longer."
Olivia Sa from Vienna

- Winter hiking
- Skiing – only 5 minutes by shuttle to the cable car
- Free transfer to the valley station of the cable car
- 10% discount at the "Rent & Go" ski rental
- Snowshoe hiking and tobogganing
- Cosy alpine huts
- Ice skating in the village square
- Special winter packages
- Ski kindergarten at the "Meran 2000" ski area
- Children's ski courses and ski lessons for returning skiers

CHRISTMAS AND NEW YEAR

Festive, lovingly crafted decorations – that's what catches your eye around Christmas and New Year at the Schenna Resort. Your contemplative days in the 'Source of Light' are marked by a festive and elegant atmosphere. A more beautiful way to ring in the new year is hardly imaginable.

- Homemade Christmas cookies
- Christmas celebration with cosy traditional music
- Free transfer to the Meran 2000 cable car
- Guided snowshoe hike
- Schenna Resort Winter Market
- Ice skating for young and old on the village square
- New Year's Eve gala dinner including festive aperitif with our kitchen team, music, dancing, and entertainment
- 10% discount at the "Rent & Go" ski rental

CHRISTMAS MARKET

28 November 2025 – 6 January 2026

Traditional Christmas markets await you in the cities of Merano, Bolzano, and Bressanone. You will also find several smaller Advent markets in Schenna, Dorf Tirol, and Lana.



LUMAGICA

20 November 2025 – 6 January 2026

Visit the magical light park in the Gardens of Trauttmansdorff Castle!



SCHENNA BLOOMING 7 March – 20 April 2026

- 7 nights including gourmet half board
- Relaxation in the spa worlds with garden, pools, and saunas
- Swimming in the heated indoor and outdoor pools with panoramic views of the Merano region
- Daily activity, body & mind programme
- Guided hike
- 1 spa voucher worth €40 per person
- One complimentary e-bike per person for one day

FROM 1,280 EURO per person



WELLNESS TIME – TIME FOR YOURSELF 12 February – 20 December 2026

- 4 nights of well-being including gourmet half board
- Daily (3x) 50-minute treatment of your choice: from massages to facials – pure relaxation included
- Free use of the spa and wellness area: immerse yourself in our oasis of well-being with saunas, pools, and relaxation areas – ultimate relaxation, even on arrival and departure days
- Activity & indulgence programme: from gentle yoga sessions and walks in beautiful surroundings to guided relaxation sessions – our varied programme ensures recreation and joy of life

FROM 950 EURO per person



SPRING AWAKENING WITH A FREE NIGHT 22 February – 28 March | 12 April – 29 April 17 May – 22 May 2026

- 4 nights including gourmet half board (arrival Sun-Tue)
- Enjoy one complimentary night
- Relax in the spa worlds and heated pools
- Daily activity programme and varied body & mind sessions

FROM 660 EURO per person



TÖRGGELE WEEKS AT SCHENNA RESORT

11 October – 7 November 2026

- 7 nights of well-being including gourmet half board (indulgent breakfast and 5-course dinner with special culinary highlights)
- 1 bottle of wine in your room upon arrival
- Weekly Törggele afternoon
- Guided autumn hike
- Wine tasting in the rock cellar
- €40 wellness voucher per person
- Use of the spa worlds with garden, pools, and saunas
- Varied mindfulness and activity programme with meditation, sauna infusions, and much more

FROM 1,450 EURO per person



SINGLE WEEKS

**22 February – 28 March | 12 April – 29 April | 17 May – 22 May
8 November – 20 December 2026**

A week just for yourself – to enjoy, unwind, and find space to breathe. During this period, you can enjoy **double rooms for single use at no extra charge**.

- 7 nights of well-being including gourmet half board (indulgent breakfast and 5-course dinner with special culinary highlights)
- Use of the spa worlds with garden, pools, and saunas
- Inclusive varied mindfulness and activity programme with yoga, meditation, sauna infusions, and more

FROM 1,250 EURO per person



GOLDEN AUTUMN WITH A FREE NIGHT

**8 November – 29 November | 1 December – 4 December
8 December – 20 December 2026**

- From 4 nights including gourmet half board (arrival Sun-Tue)
- Enjoy one complimentary night
- Use of the spa worlds with garden, pools, and saunas
- Varied mindfulness and activity programme with meditation, sauna infusions, and more

FROM 600 EURO per person



TENNIS WEEKS 28 June – 6 September 2026

Your perfect match at Schenna Resort – for tennis enthusiasts and beginners alike.

- 5 nights of well-being including gourmet half board
- 2 tennis lessons with a professional tennis coach
- Relaxation in the spa worlds with garden, pools, and saunas
- Varied mindfulness and activity programme with yoga, meditation, sauna infusions, and more

FROM 1,080 EURO pro Person



WINTER EXPERIENCE WEEKS WITH A FREE NIGHT AT HOTEL MITTERPLATT 6 January – 15 February 2026

- From 4 nights including gourmet half board (arrival Sun-Tue)
- Enjoy one complimentary night
- Free transfer with our winter hiking and ski shuttle to the Meran 2000 cable car
- Free snowshoe rental

FROM 510 EURO per person

You can find more special offers on the homepage: schennaresort.com





CELEBRATIONS AND EVENTS AT THE SCHENNA RESORT

The spacious conference rooms and bright premises of the Schenna Resort provide the perfect setting for your event. The welcoming atmosphere will make your event a success.

- Seminar room rental "Rosa" and "Luis" (up to 122 m²)
- Spacious, modern areas for:
 - Events
 - Family celebrations
 - Weddings
 - Seminars
 - Car presentations
 - And much more

We are happy to assist you with planning and organisation upon request.



Simply order online at schennaresort.com/vouchers and delight your loved ones.



LOOKING
FOR A **GIFT?**



GENERAL INFORMATION

Arrival and Departure: Rooms are available from 2:00 p.m. on the day of arrival. On the day of departure, we kindly ask you to vacate your room by 11:00 a.m.

In case of **cancellation**, late arrival, or early departure, the room rate will be charged.

Our Cancellation Policy:

You can find the current cancellation conditions on our website: <https://www.schennaresort.com/en/the-resort/good-to-know>

- Up to 21 days before arrival: free cancellation
- 20 to 14 days before arrival: 30% of the total booking value
- 13 to 3 days before arrival: 60% of the total booking value
- 2 days before arrival, no-show, or early departure: 80% of the total booking value

We recommend taking out travel cancellation insurance to ensure you are covered in case you need to cancel.

Hotel bills can be settled by credit card or debit card. Please note that Diners Club and American Express are not accepted. In the event of a significant increase in VAT or a currency crisis, we reserve the right to adjust our prices accordingly.

Unfortunately, it is not possible to reserve a specific room or table in advance.

If you cancel dinner by 12 noon, €12 per meal will be refunded (except for bookings made through travel agencies).

In the interest of all guests, only a limited number of dogs can be accommodated in certain room categories. Please let us know when making your enquiry. **Dogs are not permitted in the restaurant, indoor pool, or on the sunbathing lawn.** Price per dog per day: € 25 (without food).

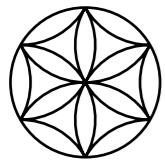
There are **ample parking spaces and garage spots** available for your car. **Five e-charging stations are provided** (for a fee).

Vouchers are valid for two years and are non-refundable.

SEASON DATES – HOUSE ROSENGARTEN AND RESORT FAMILY				
Low Season	Mid Season	High Season	Mid Season	High Season
12.02. – 28.03.2026 12.04. – 13.05.2026 01.11. – 18.12.2026	29.03. – 11.04.2026 14.05. – 01.08.2026	02.08. – 17.10.2026	18.10. – 01.11.2026	19.12.2026 – 06.01.2027
SEASON DATES – HOTEL MITTERPLATT (ADULTS ONLY)				
Low Season	Mid Season	High Season	High Season	High Season
29.03. – 01.04.2026 07.04. – 13.05.2026 07.01. – 06.02.2027	02.04. – 06.04.2026 14.05. – 01.08.2026 18.10. – 07.11.2026	02.08. – 17.10.2026	02.08. – 17.10.2026	19.12.2026 – 06.01.2027

We will be happy to send you a personalised offer for your desired dates. Due to the current economic situation, it is not possible to provide a fixed price table. Prices vary according to room category and current occupancy. **With our flexible pricing system, early bookers are rewarded. The local tax is charged separately.**

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PURE FREEDOM- PURE DIVERSITY



1 Schenna Resort
Reception and welcome area, fireplace bar with terrace, library and information desk, wine shop

2 ROSENGARTEN
SPA department, SPA reception, hairdresser, fitness room, lucky souvenirs, conference rooms

3 Sky Terrace

4 SPA-Garden

5 Saltwater indoor/outdoor pool
(access from 14 years)
Sauna area, relaxation rooms, pool lounge

6 Tennis courts
Please register in advance, fee applies

7 RESORT FAMILY
Panoramic terrace, Children's playroom, Smoking lounge

8 Water world adventure
Indoor pool with whirlpool, children's pool, water slide, family sauna area, Youth pool with climbing nets

9 LUMINIS
Water world and palm garden, restaurant and panoramic terrace

10 Children's playground
Table tennis and table football, Panoramic outdoor pool with whirlpool, Panorama park

11 Suite Sunset Family

12 Luxury Poolsuite, Sunset Suiten

13 MITTERPLATT
Panoramic restaurant Olive, Panoramic terrace, Indoor/outdoor saltwater pool, Sauna area, Vineyard pavilion

14 Mitterplatt trail to Schenna
20 minutes on foot

15 Footpath to Merano
30 minutes on foot

INCLUDED SERVICES

Unique feel-good atmosphere, warm welcome with a complimentary drink

First-class gourmet half board with daily changing themes, starter and dessert buffet, and much more

Healthy, colourful breakfast buffet that leaves nothing to be desired, with daily specials

Dinner at the Restaurant Olive with show cooking

Free internet point

Free Wi-Fi throughout the entire Schenna Resort

Free use of the wellness area (indoor and outdoor pool, various saunas and steam baths, relaxation rooms, etc.)

Free access to the fully equipped panorama and outdoor fitness room

Various wellness treatments and relaxing applications (for a fee)

Suitable rooms for seminars, workshops, and company dinners

Guided hikes (a small contribution may apply)

Hiking tips with detailed information

Participation in the daily fitness and vitality programme

Music and dance evenings

Free rental of mountain bikes, e-bikes available for a fee

Charging station in the garage for your electric car and e-bike

Garage and parking spaces

Bicycle storage with a small workshop

Information material on hiking and e-bike tours

Washing area for your car and bicycle

Free rental of snowshoes

During the holiday season:
childcare with a varied children's programme

Törggelen in the vineyard

Breakfast in the vineyard (in summer)

HOW TO GET HERE

BUS TRANSFER MUNICH–SCENNA

Every Wednesday and Sunday from **15 March to 8 November 2026**.

Price for round trip: € 90 per person; one-way: € 65.

Booking and information:

Tourist Association Schenna, schenna.com

SOUTH TYROL EXPRESS 2025

This service will again be offered by Heini Car for guests from Switzerland – every Saturday from **11 April to 31 October**.

The journey runs from St. Gallen via Zurich through the Vinschgau Valley to Merano.

Booking and information: **suedtirolexpress.ch**

NEW: SAFE AND FAST TO SOUTH TYROL

Direct flights with Skyalps from Berlin, Düsseldorf, Hamburg, Kassel, Rotterdam, and London to Bolzano.

Flight time from Hamburg to Bolzano: 2½ hours.

Booking and information: **skyalps.com**

FLIXBUS/MEIN FERNBUS

Departures from Thermenplatz in Merano several times a day to Munich and Innsbruck.

Booking and information: **meinfenrbus.de**

AIRPORT TRANSFER

Info & booking: **schenna.com/Flughafentransfer**

ARRIVAL BY TRAIN FROM GERMANY

Relaxed travel with EuroCity trains from Deutsche Bahn and ÖBB.

Booking and information: **Deutsche Bahn, bahn.de**

BY TRAIN FROM AUSTRIA

Daily train connection from Innsbruck to Merano – with a change in Bolzano.

Departures from Innsbruck to Merano every hour between 09:24 and 19:46.

Departures from Merano to Innsbruck every hour between 06:35 and 18:49.

fahrplan.oebb.at

BY TRAIN FROM SWITZERLAND

Engadin-Merano route

Express Rail Service, Tel: +41 81 288 6565

Booking and information: **Swiss Federal Railways, sbb.ch**

BY TRAIN TO BOLZANO AND MERANO

An overview of all train connections to South Tyrol can be found at: **trainline.de**

LUGGAGE TRANSPORT TO SOUTH TYROL

Your luggage (suitcases, sports equipment, etc.) will be picked up by a courier service and delivered directly to your hotel.

Booking and information:

Insam Express Luggage Transport, insamexpress.it

LUGGAGE AND BIKE STORAGE

Luggage and bike depot at Bolzano railway station:

basecampdolomites.com

SOUTH TYROL GUEST PASS

Our guests can use the South Tyrol Guest Pass Schenna to travel free of charge on all public transport within South Tyrol, selected cable cars, and the hiking bus during their stay.



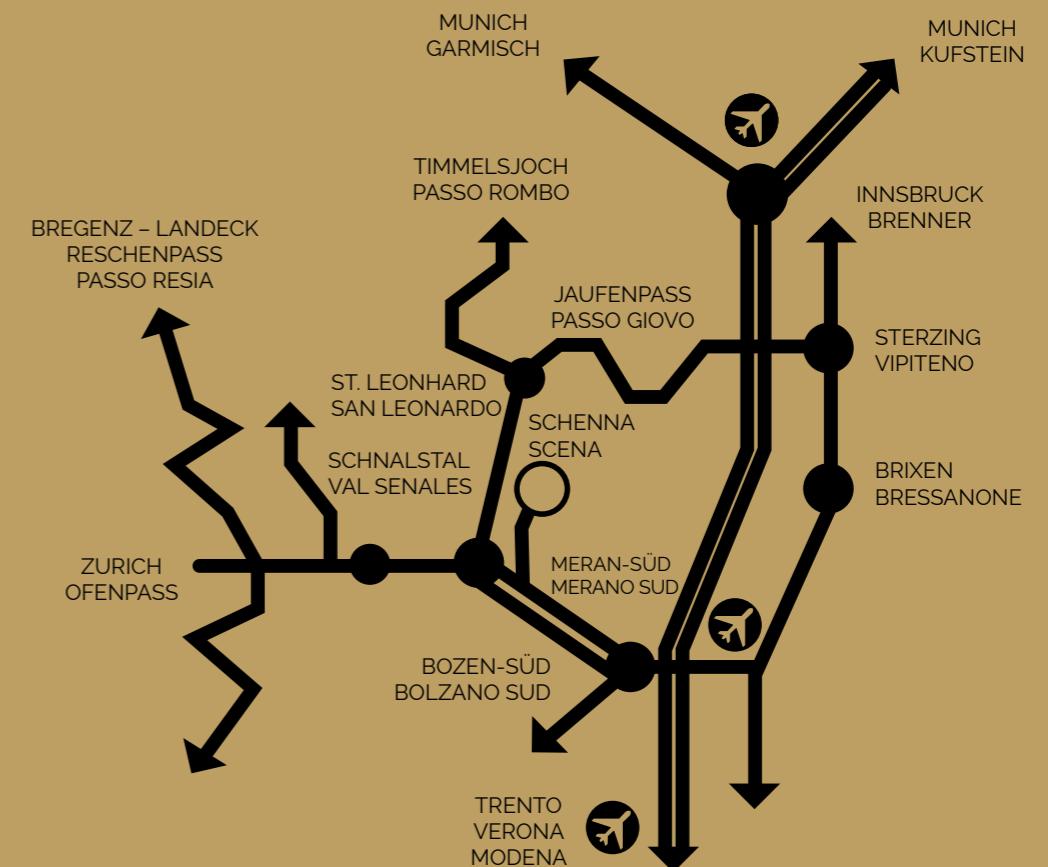
FOR THE SAKE OF OUR ENVIRONMENT

Free use of trains and buses within South Tyrol during your stay – also valid for arrival and departure.



GUESTS WHO TRAVEL IN AN ENVIRONMENTALLY FRIENDLY MANNER BY TRAIN OR BUS RECEIVE ONE OF OUR E-BIKES FREE OF CHARGE FOR ONE DAY.

All information is subject to change without notice!



Booking hotline: +39 0473 230760
schennaresort.com

Follow us on:



CIN Schenna Resort GmbH, Ifo21087/AMMGRUWIA, Hotel Mitterplatz OHG, Ifo21087/A81-5356LK

SCHENNA RESORT

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I am made with love. Please do not throw me away.